

## **Report from Dr Rod Smith, Chair of the CCG to the Reading Health and Well Being Board Meeting September 2013**

### **1. Introduction**

I am pleased to present this report to the Health and Well Being Board.

The CCG formally assumed its statutory responsibilities on behalf of our local community in North & West Reading on 1 April. We are responsible for planning and commissioning hospital, community health and mental health services on behalf of our local community. We have a quarterly checkpoint meeting with NHS England on 10th September where we will be providing assurance to NHS England that the CCG is delivering against plan in accordance with the 5 domains set out in the CCG Assurance Framework.

### **2. Urgent Care Programme Board and Winter Planning across the Health and Social Care System**

North and West Reading lead on the Urgent Care Programme work on behalf of the 4 West Berks CCGs. The key targets to be met in relation to Urgent Care are:

- % of patients who spend 4 hours or less in A&E (target of 95%)
- Ambulance handovers to A&E dept ( target of 30 mins)
- Category A ( immediately life threatening situations) ambulance response times (target of 75% within 8 mins)

The Urgent Care Programme Board, led by Dr Andy Ciecierski a North West Reading CCG Board member, is responsible for monitoring performance against these targets. It meets monthly with representatives from the 4 CCGs, RBH, Berkshire Health Care Foundation Trust, the Ambulance Service, the 3 Local Authorities, and Westcall. It also has a patient representative.

The CCGs have recently supported RBH to ensure that a Consultant provides the initial assessment of all patients attending the A&E department between 8am and 10pm. This ensures a high standard of care for patients and also helps reduce unnecessary hospital admissions.

The Programme Board also has responsibility for ensuring that:

- Health and Social Care are effectively supporting hospital admission avoidance schemes and reductions in length of stay at hospital, particularly for older people
- People who are assessed as fit to leave hospital are not delayed because of lack of community care, home care, nursing or residential provision
- We know where the pressures are and that action is being taken to deal with these
- We are getting maximum capacity out of the services that we have

As part of this there are weekly system resilience conference calls involving the Royal Berkshire Hospital, Berkshire Health Care Foundation Trust, the three Local Authorities and the Out of Hours GP Service.

The Urgent Care Programme Board held a workshop on 22 August at which all parts of the health and social care system discussed their winter plans. It is critical that the whole system has robust plans in place to support the health and social care needs of patients and that these plans have senior level sign off in each organisation. The funding transferred from NHS England to Local Authorities in 13/14 (£2,038,343 for Reading LA) to support adult social care with a health benefit will help with these plans.

### **3. End of Life Care**

The North and West Reading Council of GP Practices recently had a presentation on “Improving End of Life Care” from Dr Barbara Barrie, a GP who is the Macmillan GP Facilitator in Berkshire. The key messages from Barbara’s presentation were:

- 1% of the population die each year, 25% from cancer
- In England approx. 1300 people die every day
- 900 of these will have wished to die at home but less than half will do so
- Advanced Care Planning is more likely to ensure patients have their preferred place of death
- GP Practices can make a huge difference to their patients experience by identifying their 1% of patients who are likely to have a year or less to live and talking with them about end of life care and putting end of life care plans in place
- This helps patients and their carers to plan an appropriate end of life care plan with their GP and reduce uncertainty and anxiety
- It helps all involved to understand the wishes of the patient and the family
- Practices can also make sure that the patient is included on the End of Life Register that is held by the GP Out of Hours Service, Westcall
- Well organised community support can reduce hospital admissions by managing these patients better at home and enables more people to realise their choice to die at home

The presentation showed that GP Practices in North and West Reading already do well on advance care planning for end of life patients with 6 of the 10 Practices in the top 10 in Berks West for numbers of their patients on the End of Life Register per 1000 population. This is good but we can do even better for our patients and their families and our Practices will be focusing on this during the year ahead.

#### 4. Update on Childhood Immunisation coverage

A recent report from NHS England shows that:

| Practice Code                           | Practice Name                 | 12 Month Cohort | DTaP/IPV/Hib | DTaP/IPV/Hib % | 24 Month Cohort | PCV         | PCV %       | Hib/MenC    | Hib/MenC %  |
|---|-------------------------------|-----------------|--------------|----------------|-----------------|-------------|-------------|-------------|-------------|
| <b>NHS North &amp; West Reading CCG</b> |                               | <b>1476</b>     | <b>1407</b>  | <b>95.3</b>    | <b>1459</b>     | <b>1390</b> | <b>95.3</b> | <b>1388</b> | <b>95.1</b> |
| K81004                                  | Tilehurst Surgery Partnership | 166             | 157          | 94.6           | 153             | 149         | 97.4        | 149         | 97.4        |
| K81012                                  | Pangbourne Medical Practice   | 118             | 116          | 98.3           | 143             | 139         | 97.2        | 139         | 97.2        |
| K81014                                  | Baltimore Park Surgery        | 247             | 233          | 94.3           | 215             | 203         | 94.4        | 203         | 94.4        |
| K81027                                  | Mortimer Surgery              | 126             | 122          | 96.8           | 148             | 143         | 96.6        | 144         | 97.3        |
| K81041                                  | Emmer Green Surgery           | 88              | 84           | 95.5           | 130             | 118         | 90.8        | 117         | 90.0        |
| K81054                                  | Priory Avenue Surgery         | 122             | 112          | 91.8           | 121             | 114         | 94.2        | 113         | 93.4        |
| K81062                                  | Western Elms Surgery          | 278             | 268          | 96.4           | 248             | 234         | 94.4        | 233         | 94.0        |
| K81067                                  | Circuit Lane Surgery          | 147             | 140          | 95.2           | 142             | 135         | 95.1        | 135         | 95.1        |
| K81077                                  | Theale Medical Centre         | 154             | 149          | 96.8           | 134             | 133         | 99.3        | 133         | 99.3        |
| K81647                                  | Peppard Road Surgery          | 30              | 26           | 86.7           | 25              | 22          | 88.0        | 22          | 88.0        |

| Practice Code                           | Practice Name                 | MMR         | MMR %       | 5 Year Cohort | DTaP/IP V Booster | DTaP/IPV Booster % | MMR 2nd dose | MMR 2nd dose % |
|---|-------------------------------|-------------|-------------|---------------|-------------------|--------------------|--------------|----------------|
| <b>NHS North &amp; West Reading CCG</b> |                               | <b>1390</b> | <b>95.3</b> | <b>1452</b>   | <b>1374</b>       | <b>94.6</b>        | <b>1365</b>  | <b>94.0</b>    |
| K81004                                  | Tilehurst Surgery Partnership | 150         | 98.0        | 169           | 164               | 97.0               | 164          | 97.0           |
| K81012                                  | Pangbourne Medical Practice   | 138         | 96.5        | 127           | 124               | 97.6               | 123          | 96.9           |
| K81014                                  | Baltimore Park Surgery        | 206         | 95.8        | 253           | 240               | 94.9               | 241          | 95.3           |
| K81027                                  | Mortimer Surgery              | 141         | 95.3        | 178           | 164               | 92.1               | 164          | 92.1           |
| K81041                                  | Emmer Green Surgery           | 117         | 90.0        | 110           | 101               | 91.8               | 100          | 90.9           |
| K81054                                  | Priory Avenue Surgery         | 114         | 94.2        | 99            | 94                | 94.9               | 94           | 94.9           |
| K81062                                  | Western Elms Surgery          | 232         | 93.5        | 226           | 208               | 92.0               | 205          | 90.7           |
| K81067                                  | Circuit Lane Surgery          | 136         | 95.8        | 119           | 114               | 95.8               | 112          | 94.1           |
| K81077                                  | Theale Medical Centre         | 133         | 99.3        | 149           | 145               | 97.3               | 141          | 94.6           |
| K81647                                  | Peppard Road Surgery          | 23          | 92.0        | 22            | 20                | 90.9               | 21           | 95.5           |

The Council of Practices is pleased with these figures but recognises the need for ongoing effort to meet the 95% target.

#### 4. "Beat the Street" in Caversham

This is an initiative led by Dr William Bird, MBE MRCGP, CEO of Intelligent Health. William used to be a GP in Sonning Common and is world renowned for the work he does in advocating the benefits of physical activity, in particular health walks.

Dr Bird supported by Reading Local Authority launched "Beat the Street" in Caversham on June 15<sup>th</sup>. It involves:

- Sensors placed at bus stops, shops, schools and surgeries 0.2 miles apart in all directions
- 10,000 cards distributed by schools, work places and Gp surgeries
- Aim is for adults and children to walk or cycle around the world over a three month period
- The more walking the more books are donated to the local library.

The GP Practices in Caversham are enthusiastic supporters of this initiative. It fits in particular well with our efforts to improve diabetic care through more exercise.

The CCG is very keen to build on this work working with Public Health and the LA. I have invited Dr Bird to lead our Board Seminar in October with a view to helping the CCG plan what it can do to increase the level of exercise uptake in our population and so enhance local health and wellbeing.

## **5. Integration Pioneer Bid**

I am delighted that the bid we submitted with our Health and local Authority colleagues was selected to go through to the second stage. This involved a presentation and interview with the Integration Pioneer Panel on 6<sup>th</sup> September.

Dr Rod Smith  
8<sup>th</sup> Sept 2013